**What is High Volume Short Stay Surgery?**

High Volume Short Stay Surgery (HVSSS) is defined as planned procedures requiring admission up to 72 hours. It includes both Day Only surgery and Extended Day Only (EDO) surgery (23-hour surgery).

**Why?**

*The Surgery Futures- A Plan for Greater Sydney* identifies the HVSSS Model as integral to the future delivery of surgical services in NSW. The aim of the HVSSS model of care is to concentrate suitable planned surgical cases in dedicated high-volume, short stay surgical units.

There is considerable evidence in the literature that such a model has a number of benefits including improved access to planned surgical services and improved service efficiency in terms of operating theatre and bed utilisation and better patient experience.

**Linkages between EDO and HVSSSS Model**

Many Local Health District facilities already have well established EDO Units. The EDO Model and the HVSSS Model share many key elements including:

- Resources that are specifically designated for these models (e.g. beds and staff)
- Identification of Diagnosis Related Groups that are suitable for the models
- Routine screening of all admissions and a streamlined pre admission assessment process
- Defined care protocols that inform, direct and record the patient’s clinical pathway, admission, discharge and post discharge management.

**Further Reading**


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