**Extended Day Only (EDO)**

**FACT SHEET**

**August 2014**

EDO is a key strategy of the Predictable Surgery Program

Recent advances in therapeutic and diagnostic technology have allowed major changes in operative techniques. Now even major operations can be carried out on a day surgery basis.

Benefits for patients of day surgery include reduced risks of cross infection, a quicker return to normal day activities, less time off work, reduced stress for relatives and savings for relatives in time, travel and sometimes accommodation to visit relatives in hospital.

A variant of day stay surgery is the 23 hour model or Day Only and Extended Day Only model.

Under the EDO Model of Care, care is delivered within 23hrs. During this time patients receive the clinical care they require in a supervised setting until discharge.

**Benefits of EDO**
- Improved patient experience
- Improved patient journey with protocol driven care
- Clear expectations on care and discharge for the patient
- Predictable access of surgical beds
- Supports waiting list management

**Typical Cases suitable for EDO**
- Inguinal/Femoral Hernia repair
- Laparoscopic cholecystectomy
- Thyroid lobectomy

**EDO Resources**

The High Volume Short Stay Surgical Model Toolkit in NSW Health Facilities is available on the [NSW Health website](http://www0.health.nsw.gov.au/policies/GL/2012/GL2012_001.html)

The Extended Day Only (EDO) model of care is available on the [ACI website](http://www.aci.health.nsw.gov.au/resources/surgical-services/delivery/predictable-surgery/5)

The Extended Day Only (EDO) Admission Policy is available on the [NSW Health Website](http://www0.health.nsw.gov.au/policies/pd/2011/PD2011_045.html)

**Key Elements of the Model**
- Appropriate patient selection
- Screening of all admission notifications by the peri operative medical service
- Staggered admission times dependent on timing of surgery
- Use of clinical protocols to inform, direct and record the patients clinical pathway
- Beds that are insulated for surgical services
- Routine selection of patients having procedures from the target DRGs

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