Overview of scope of services

- One-on-one or group therapy - discipline specific outpatient therapy
- Access to a multidisciplinary team as required

Outcomes for the rehabilitation patient journey

- Provides a structured program and the continuation of care following stay in acute/sub-acute
- Enables transfer of care at an earlier date from the sub-acute rehabilitation unit
- Facilitates earlier discharge from hospital
- Enables access to rehabilitation services including timely medical review to prevent an admission to hospital
- Patient continues to remain in usual place of residence

Implications for implementation

- Admission and discharge criteria will be required to describe eligible patients who require and will benefit from outpatient rehabilitation services
- Protocols regarding adequate workforce provision to rehabilitation services will assist to ensure patient care and intensity of therapy aligns with best practice
- Adequate space and equipment for multidisciplinary outpatient clinics will be required to provide rehabilitation services
- Patient transport and/or parking is required to facilitate patient attendance
- Linkage with outpatient clinics and addressing ways to communicate well where a patient attends two or more outpatient services
- Ambulatory care can be provided in a range of settings. Ambulatory care should be delivered in the most appropriate setting dependant on patient need and availability. Consideration should be given to the type/s of ambulatory care setting/s that will be provided by one rehabilitation service or across the same LHN. Ambulatory care services should work in concert across settings to promote continuity of care for patients and avoid siloed care

Case study 1: Rehabilitation in the Netherlands

In the Netherlands 90% of rehabilitation care is delivered in an outpatient care setting. Care focuses on improving the quality of life and supporting a person’s return to work and active lifestyle. Home based services are available for those that are house-bound and cannot attend the rehabilitation centre.