8 Good Practice Principles - Rehabilitation Model of Care

For the purpose of the NSW Rehabilitation Model of Care a principle has been defined as statement of intent of what is to be achieved. Principles apply to every aspect of a rehabilitation service.

Eight principles underpin the NSW Rehabilitation Model of Care:

1. **Leadership** – Leadership is displayed at all levels providing a strategic and operational direction, a sense of team and a commitment to the principles of rehabilitation care.

2. **Equitable access** – Patients receive equitable access to rehabilitation services in the most appropriate setting and in a timely manner.

3. **Multidisciplinary care teams** – Patients have access to a ‘core’ multidisciplinary team who work collaboratively within an interdisciplinary framework. Access to non-core team specialist services is available as required.

4. **Care coordination** – Patient care is communicated and coordinated between the multidisciplinary team and other care providers across the continuum of care. Patients and their carers are encouraged to participate in goal setting and care planning.

5. **Patient centred care** – Rehabilitation services are patient centred and delivered to promote an enablement model of care. Patient centred care ensures an ongoing understanding of an individuals needs and expectations.

6. **Evidence based care** – Processes to promote the implementation of evidence and best practice are in place to support safe and effective care. Evidence based practice is supported through professional development, teaching, quality research and quality assurance activities.

7. **Appropriate care setting** – Patients receive rehabilitation services in the most appropriate setting based on individual patient’s fit with the admission and discharge criteria for the relevant care setting and the potential to achieve rehabilitation goals.

8. **Clinical process and outcome indicators** – Consistent measurement processes across rehabilitation services are in place to monitor and demonstrate patient outcomes that contribute to enhanced functional independence.