The Vocational Contribution to Wellness

Overview of the NSW SOS In-Voc Service
Selina Rowe, Manager, NSW Spinal Outreach Service
SOS In-Voc 2015

• Continued Funding from LTCSA
• Commenced with RR December 2015
• Staffing
  – Prince of Wales Hospital (POWH) SIU – 1 FTE
  – Royal North Shore (RNS) SIU – 0.4 FTE
  – Royal Rehab (RR) SIU – 0.6 FTE
## SOS In-Voc 2015

### 15th December 2014 – 30th June 2015

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<tbody>
<tr>
<td><strong>New Referrals</strong></td>
<td>44</td>
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<td><strong>Total new enrolments in In-Voc</strong></td>
<td>32 (73%)</td>
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<td><strong>In-Voc clients ongoing from previous period</strong></td>
<td>11 (3 LTCSA)</td>
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<td><strong>TOTAL CASELOAD (enrolled)</strong></td>
<td>43 (11 LTCSA)</td>
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- Prior to admission 26 of the 44 clients referred to In-Voc were employed
- 13 clients reported being unemployed and not seeking work, however 10 of these clients enrolled with In-Voc
Overall 60% (n=26) of clients had a goal of commencing or returning to paid employment.

Eight clients were exploring their vocational options.
SOS In-Voc

In-Voc
Exploring your vocational possibilities

NSW Spinal Outreach Service & Rural Spinal Cord Injury Service

STUDY

WORK

Volunteer

Work experience!
Vocation and Wellness

“Every Conversation is an Opportunity”

Maintaining Vocational Identity

- Preventing “I was a bus driver”
  - Maintaining “I am a bus driver”

Health Education & Self Efficacy

Facilitate Community Participation
Vocation, Rehab and Wellness

Motivation to change is elicited from the person, not externally

Direct persuasion is not an effective method for resolving ambivalence to change

The therapeutic relationship is more effective as a partnership and collaboration rather than as “expert/recipient” roles
SOS In-Voc 2015 & beyond

• Logical integration in the rehab environment

• What about clients that miss out?
  – SOS In-Voc Extension Pilot
    • Referrals from SOS commenced (6)
    • Scoping of what criteria this service model can be designed around
    • Address need but not to duplicate

• Case Studies
Community Vocation Pilot

• Mr. A – Medical professional
  • Job in Jeopardy program – not eligible during inpatient phase.
  • Re-referred by SOS due to pending medical termination
  • RTW graded plan – full duties, reduced hours
  • Working 2 days/week. – still many hurdles to overcome
  • “I love this job, it provides me an opportunity not only for social contact but for the healing process.”
Vocation & Wellness

[Images of people working and interacting, including someone in a wheelchair and a truck with a sign reading '1800 997 480']

It's well he obviously knows what he's doing because he's got here in a semi trailer.
Thank you