

# The Vocational Contribution to Wellness



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- Continued Funding from LTCSA
- Commenced with RR December 2015
- Staffing
  - Prince of Wales Hospital (POWH) SIU 1 FTE
  - Royal North Shore (RNS) SIU 0.4 FTE
  - Royal Rehab (RR) SIU 0.6 FTE



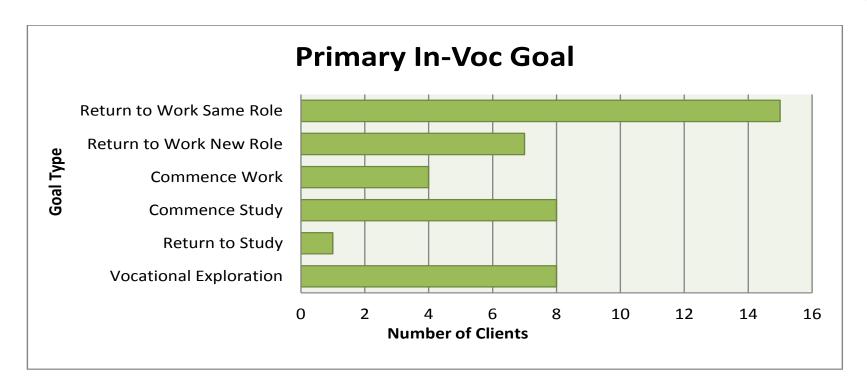


#### 15<sup>th</sup> December 2014 – 30<sup>th</sup> June 2015

New Referrals	44
Total new enrolments in In-Voc	32 (73%)
In-Voc clients ongoing from previous period	11 (3 LTCSA)
TOTAL CASELOAD (enrolled)	43 (11 LTCSA)

- Prior to admission 26 of the 44 clients referred to In-Voc were employed
- 13 clients reported being unemployed and not seeking work,
  however 10 of these clients enrolled with In-Voc



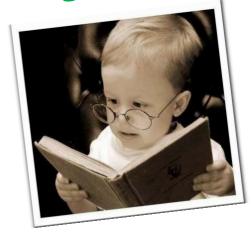


- Overall 60% (n=26) of clients had a goal of commencing or returning to paid employment
- Eight clients were exploring their vocational options





## **STUDY**

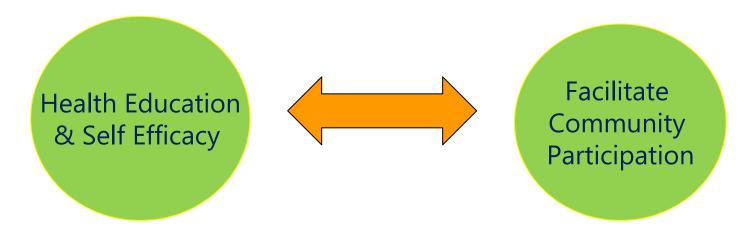


WOPk experience!



#### **Vocation and Wellness**

"Every Conversation is an Opportunity"



#### **Maintaining Vocational Identity**

- Preventing "I was a bus driver"
  - Maintaining "I am a bus driver"



## Vocation, Rehab and Wellness

Motivation to change is elicited from the person, not externally

Direct persuasion is not an effective method for resolving ambivalence to change

The therapeutic relationship is more effective as a partnership and collaboration rather than as "expert/recipient" roles

## SOS In-Voc 2015 & beyond

NSW Spinal

- Logical integration in the rehab environment
- What about clients that miss out?
  - SOS In-Voc Extension Pilot
    - Referrals from SOS commenced (6)
    - Scoping of what criteria this service model can be designed around
    - Address need but not to duplicate
- Case Studies



## **Community Vocation Pilot**

- Mr. A Medical professional
  - Job in Jeopardy program not eligible during inpatient phase.
  - Re-referred by SOS due to pending medical termination
  - RTW graded plan full duties, reduced hours
  - Working 2 days/week. still many hurdles to overcome
  - "I love this job, it provides me an opportunity not only for social contact but for the healing process."



### **Vocation & Wellness**











## Thank you