Diagnostics

• Long long time to see heart doctor
• Felt alone other white people in room no
• No follow up in own community
• Hospital Cardiac Program not for me,
• Never heard of RF or RHD
• They don’t want all our people around
• Waiting room all plain walls
• Staff judgemental, have you been
• No one informing what is happening, felt
• People are sicker

December 2019 in Broken Hill.

Chronic Conditions Service with post cardiac diagnosis from 3 to 30 by 30

Objectives:

By December 2018 Aboriginal people living with a cardiac condition in the

Rehabilitation Program.

Broken Hill catchment will have access to a culturally specific Cardiac

Interviews/Yarning

Staff Surveys

Patient Stories

Literature Review

East Framework

Face to Face

Interim/Training

Stakeholder Engagement

Activity

Solution Forums

Classic Brainstorming

Theming

Reverse Brainstorming

Literature

Research

Method

Sustain Change

This program has been linked to Leading Better Value Care

Program under the Chronic Heart Failure Initiative which is a NSW

State Initiative. The state initiative is embedded into Far West

LHD Performance Agreement and part of the organisational

strategic direction. The program has a robust Governance

structure with engaged Executive Sponsorship. The Leading

Better Value Care Program is sustainable with clinical leads and

spread throughout the district. The Better Cardiac Care for

Aboriginal People will have strong Aboriginal Community Leaders

and recurrent funding through collaborative strong partnerships to

sustain the program.

Conclusion

The lessons from the project can be applied and transferred to

other service/sets.

The important factor is the use of the Clinical Redesign

Methodology consulting with community staff and patients for
diagnostics and solutions.

Each community is different and the methodology has robust
feasibility for spread and further transfer to other Local Health

Districts and remote sites.

Goal:

By December 2018 Aboriginal people living with a cardiac condition in the Broken Hill catchment will have access to a culturally specific Cardiac Rehabilitation Program.

Objectives:

1: Increase the number of Aboriginal patients referred to Integrated Care for Chronic Conditions Service with post cardiac diagnosis from 3 to 30 by 30 December 2019 in Broken Hill.

2: 50% of the 30 patients are engaged in an culturally appropriate cardiac education and exercise program by 30 December 2019 in Broken Hill.

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