As part of your treatment in the Emergency Department you were given medication to sedate you for a procedure:

We suggest that you rest for the next 12 hours to allow these medications to fully wear off.

Due to the sedating effects of the medication you have received, which may impair your finer skills and judgement, for the next 24 hours you should not:

- Drive a car or any other vehicles including bicycles
- Operate machinery, dangerous electrical devices or power tools
- Work at height (e.g. up a ladder)
- Consume alcohol or take recreational drugs
- Swim, or participate in sporting activities.
- Make yourself inaccessible to the person looking after you (e.g. locking toilet door)
- Make any important decisions or sign any legal documents

You should

- Continue to take your usual medications
- Be able to resume normal activities after 24 hours or as advised.

Your follow up arrangements are:

If further pain relief is required, you should take:

If you have any concerns or problems during the next 24 hours or before your follow up you should contact the Emergency Department of your hospital on ……………………….

This advice has been explained by:

Name: ___________________________ Designation: ___________________________

Signature: _______________________ Date: _______________________

Disclaimer: This health information is for general education purposes only. Always consult with your doctor or other health professional to make sure this information is right for you.