Overview

- Primary dressing stabilisation
- Arm dressing stabilisation
- Leg dressing stabilisation
- Secondary finger dressing
- Finger dressing stabilisation
- Self-adherent dressing
- Tubular bandage
Primary dressing stabilisation
Place primary dressing on wound
Wrap secondary dressing
Cover half of the previous bandage on each rotation to ensure consistent coverage
Cover with external dressing
Arm dressing stabilisation
Start from the wrist and work to the shoulder
Wrap high on the shoulder
Wrap around upper chest and back to arm
Repeat
Leg dressing stabilisation
Start at toes and work to the hip
Form a figure ‘8’ over ankle for coverage
Wrap to top of thigh
Wrap high on thigh
Wrap around waist
Return to thigh
Wrap around thigh
Repeat
Secondary finger dressing
For cotton bandage, tear hole for thumb
Wrap hand
Wrap fingers individually from tip to palm. Place piece in webspaces.
Finish
Finger dressing stabilisation
Wrap wrist then move to top of finger and wrap down
Repeat
Finish bandage on wrist, not finger
Continue with new bandage, anchoring from wrist
Cover all fingers
And hand
Clips may be used to hold bandage during procedure but must be removed before completion.
Larger bandages are useful for final cover
In larger hands, larger bandages may be used for all areas
Dressing should allow full movement
Tubular bandage
Cut hole for thumb if required
Place onto applicator
Advance applicator onto area
Ensure all areas are well covered and there are no wrinkles
Self-adherent dressing
Warning

- This dressing is only to be applied by a clinician with experience with the dressing and who has displayed correct technique
- Do not stretch dressing during application
- Check capillary refill in finger/toes tips after application
- Give patient information regarding constriction
Further Information

Available on website:
- Burn Education Day lectures
- Specific dressing selection and application refer to Clinical Practice Guidelines: Burn Wound Management.
- Functional and physiological management refer to Physio/ Occupational Therapy Practice Guidelines.
- Burn Transfer and Model of Care Guidelines.
For Enquiries:
Siobhan Connolly
Burn Prevention/Education Officer
ACI Statewide Burn Injury Service
Ph: 02 9463 2106
Email: siobhan.connolly@health.nsw.gov.au