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# ACI INTELLECTUAL DISABILITY HEALTH NETWORK

## Our Current Work – Toolkit and Blueprint



**SAVE THE DATE – 23<sup>RD</sup> APRIL 2015**

NSW Carer of the Year, Anne Funke, with son Mitchell.

Picture Courtesy of ADHC.

The Intellectual Disability Health Network is currently developing a Toolkit to assist local health districts to deliver health services which meet the needs of people with intellectual disability.

The toolkit includes a diagnostic component and is due for release in early 2015. A forum will then be held on **April 23<sup>rd</sup> 2015** to design solutions and develop a Blueprint.

Many clinicians were involved in the Network's survey to map how LHDs across NSW adapt the delivery of their services for people with ID and what specialised services they offer.

Those results form part of the diagnostic work and have helped the Network to develop toolkits and supports.

The national disability reform and the launch of the National Disability Insurance Scheme in NSW in the Hunter region continue to develop.

To support this process, members of the ID Health Network have been consulted about the way forward.

### The Subcommittees

The Network's four subcommittees are all contributing to the Toolkit through their work on "Real People, Real Lives"; "Guidelines on Policy Development inclusive of people with ID"; the catalogue of relevant resources or the catalogue of research activity and other work.

The four subcommittees are Research and Development; Access and Equity; Models of Care and Workforce and Capacity.

### The 3 Multidisciplinary ID Health Teams

KPMG has recently conducted the second annual evaluation of the three teams, located in Kogarah, Fairfield and Cremorne. These reviews are helpful in assisting the Ministry of Health, to plan for future service delivery. The development of resources, pathways and a consultancy model to build the capacity of mainstream health is all part of their ongoing work.

## Co-Chairs Update: Ms Maria Heaton & Prof. Les White



The Intellectual Disability (ID) Health Network is finishing 2014 having mapped specialist services and mainstream supports for people with ID in Local Health Districts across NSW. Clinicians and carers have driven projects to develop resources and tools to assist health services deliver more inclusive care. The potential for improvement in the lives of people with disability brought about by disability reform is dependent on continued partnerships. Many Network members are assisting in building and supporting these partnerships in order to improve the health journey of people with ID and their families.

2015 will involve Network members assisting to publish the above resources and tools as well as to develop the Blueprint for Delivery of Health Services for people with ID. We look forward to working closely with all stakeholders in 2015 and wish you all a very safe and happy holiday season. For Maria, 2014 will remain as the year Tristan Heaton defied all predictions and lived a happy and fulfilled life until he passed away at 17 years of age in July 2014.

### Dual Diagnosis: Intellectual Disability and Mental Health Forum

The Intellectual Disability Health Network partnered with Ageing Disability and Home Care (ADHC) and the Children's Hospital Westmead to host a Forum on Dual Diagnosis: Intellectual Disability and Mental Health in November. More than 100 people including carers and staff from ADHC, Education, Health and relevant non-government organisations participated in discussion on topics including Pathways to Care, sexualised behaviour, cross – cultural work, the school environment, school clinics and parenting programmes.

David Dossetor, Co-Chair of the Network's Models of Care Subcommittee, is team leader of the Developmental Psychiatry Team at Children's Hospital Westmead, and works with the

ADHC funded State-wide Behaviour Intervention Team.

David presented on the consultancy model that has been developed by the team to assist people with ID and mental health through supporting professionals across agencies in specialist skills.

### Hospitalisation Co-design Toolkit

The Network is currently developing a *Hospitalisation Co-Design Toolkit* which will focus on the Metro – Regional Intellectual Disability Health Team (MRID.net) experience of using co-design principles and partnerships to improve the patient journey from community to hospital care and transfer of care back to community based services. Special areas of focus include managing challenging behaviours and the role of higher level consultancy services. The key focus will be on young people and adults. The toolkit aims to assist staff working with people with intellectual disability and their carer in Community

Care, Hospitalisation, and Avoidance of re-admissions.

The ACI PEACE (Patient Experience and Consumer Engagement) Team is supporting this initiative through their expertise and additional Masterclass training.

### NSW Carer of the Year

Congratulations to ACI Intellectual Disability Health Network member Anne Funke, who was recently awarded the NSW Carer of the Year (2014), by the Hon. John Ajaka, Minister for Ageing, Disability and Home Care (ADHC). Anne is the mother of Mitchell (pictured) and works as part of the MRID.net in South East Sydney Local Health District in her capacity as a carer. She also brings her professional skills as a Social Worker to this role. Her contribution to the Intellectual Disability Health Network, alongside other carers, clinicians and managers is highly valued and an essential part of our current work. Congratulations Anne!