Stroke Rehabilitation
Discharge Planning Workshop

A joint initiative of Stroke Services NSW & ACI Rehabilitation Network

Level 7 Meeting Rooms, ACI Chatswood
Wednesday, 29 June 2016
Discharge Planning Workshop

Improving discharge planning processes for survivors of stroke

Overview

The Agency for Clinical Innovation (ACI) works with clinicians, consumers and managers to design and promote better healthcare for NSW.

We provide expertise in service redesign and evaluation, specialist advice on healthcare innovation, initiatives including clinical guidelines and models of care, implementation support, knowledge sharing and continuous capability building.

Our Clinical Networks, Taskforces and Institutes provide a unique forum for people to collaborate across the NSW Health system. By bringing together leaders from primary, community and acute care settings we promote an integrated health system.

Audience:
This event is aimed at doctors, nurses, allied health professionals and managers that work in NSW health services and provide stroke rehabilitation services.

Please note:
Photographs taken at this event may be published by the ACI for internal and/or external promotion, education or research purposes. If you do not wish your photograph to be taken please notify our staff.

Aims:
Good discharge planning is essential to enable the successful reintegration of stroke survivors into the community. Based on the results of the 2014 National Stroke Foundation’s (NSF) clinical audit of rehabilitation services however, many stroke services in NSW do not comply with the recommended standards. This workshop is designed to share the learnings from services that are high performers in the area of discharge planning and to support workshop attendees to develop action plans for implementing change that will address the identified gaps in the provision of best practice in their services.

Cost:
Free.

Registration:
Register online

Contact:
For more information please contact:

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## Schedule of Event - *Interim as at 20/05/16*

**Wednesday 29th June, 2016**

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<th>Time</th>
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<tr>
<td>9:00 am</td>
<td>Registration / Tea and Coffee served</td>
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| 9:30 am | **Welcome & Housekeeping** Sandra Lever CNC & Co-Chair Stroke Rehab & Stroke Recovery Working Party  
We acknowledge the traditional owners of this land that we meet on. We pay our respects to Elders past and present and any Elders who are meeting with us today. |         |
| 9:40 am | **NSW audit data presentation 2014 & 2016** Kelvin Hill, NSF  
Presentation of 2014 and 2016 discharge planning data from the NSF Stroke Rehabilitation Audit |         |
| 10:25 am | **NSW Health Discharge Project** Anthea Temple, Manager Acute Care Taskforce ACI |         |
| 10:45 am | **Morning Tea (25 mins)**                                            |         |
| 11:10 am | **Karen Ruddell** Team Leader Social Work Belmont Hospital  
*Involving the patient in discharge plan development* |         |
| 11:30 am | **Hornsby Hospital:** Speaker TBA  
*Providing advice for lifestyle risk factors* |         |
| 11:50 am | **Jagdish Maharaj** Director of Rehabilitation, Lourdes Hospital, Dubbo  
*Informing stroke survivors of self-management programs* |         |
| 12:10 pm | **Rankin Park Centre** Speaker TBA  
*Educating stroke survivors, their family and carer* |         |
| 12:30 pm | **John Estell** Director of Rehabilitation St George Hospital, Kogarah  
*Providing post-discharge contacts to stroke survivors* |         |
| 12:50 pm | **Sandra Lever** CNC Rehabilitation Graythwaite Rehabilitation Centre, Ryde  
*Out from under the covers: Addressing sexuality post stroke* |         |
| 1:10 pm | **Lunch (35 mins)**                                                 |         |
| 1:45 pm | **Speed dating for discharge - Rotations through three of the six areas**  
Developing a quality improvement pathway  
Workshop participants to consider:-  
Barriers to change  
Prioritising barriers  
Measuring process  
Measuring outcomes |         |
| 3:10 pm | **Wrap Up / Next Steps** John Estell & Sandra Lever Co-Chairs Stroke Rehab & Stroke Recovery WP |         |
| 3:30 pm | **Evaluation / Close**                                               |         |
How to get to the ACI

Address
ACI, Level 7, Sage Building, 67 Albert Street Chatswood

Location
Distance from CBD: 11.5km
Approx. travel time from CBD: 15 minutes by car and 20 mins by train

Getting here and away

By Car: Driving
To find the quickest way to Chatswood please visit www.whereis.com and use the “Get Directions” tab.

Parking
There is no free visitor parking available in the Sage Building. The Mandarin Centre Car Park is the closest car park that provides all day parking.

Mandarin Centre Car Park: Secure Parking
Victor Street Chatswood (off Albert Avenue).
Early Bird Rate: $12. Enter between 7am-9.30am, exit 3.30pm - 7pm.
(walk through Mandarin Centre to Sage Building and catch lift to the 4th or 7th floor).