

Dubbo Koori Yarning Group
Western NSW Local Health District Carer Support
Program

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Supporting Aboriginal Carers

- The Koori Yarning Group has been active and supporting Aboriginal Carers for 5 years.
- We promote cultural and carer empowerment and provide a culturally safe central resource point



Partnerships and Guest Speakers



Funding & Resources

The Yarning Group is supported by:

- Western NSW Local Health District
- Commonwealth Respite and Care link Centre
- Stronger Together Program Carers NSW
- Dubbo Touch Football

Who comes along?

- We are inclusive of all Aboriginal Carers including Grandparent Carers, and others who care for Aboriginal community
- We welcome care recipients
- Elders

We are Living Well Together



Excursions







Closing the Gap

- We ensure a culturally safe environment for Aboriginal Carer's to have a yarn, be open and honest, seek advice about their concerns and be happy and have a laugh whilst at the KYG
- Partnering with Carer's (Standard 2 National Safety & Quality in Healthcare)
- Improves access to health and wellbeing services
- Improves quality of life
- 50 caregivers aligned to the KYG group and up to 20 attend regularly each month

Continuous Quality Improvement

- Standard 2 NSQHS “ We listen learn and action ” The KYG carers voice is the centre of our service delivery planning.
- Quality feedback from our KYG Carers guides a “ two way learning” approach
- KYG carer reported experience & feedback

Carer Feedback

- Support and sharing our stories. Sharing carer stories, Koori Yarning. All the people you meet
- Love our trips
- Everybody helps and I appreciate it. I like the information
- Helping me a lot otherwise I'd be staying at home
- Info helps us but also helps the rest of the family
- Everyone gets along well