Dubbo Koori Yarning Group
Western NSW Local Health District Carer Support Program

Prepared by Lyndall Jones
Supporting Aboriginal Carers

• The Koori Yarning Group has been active and supporting Aboriginal Carers for 5 years.
• We promote cultural and carer empowerment and provide a culturally safe central resource point.
Partnerships and Guest Speakers
Funding & Resources

The Yarning Group is supported by:

- Western NSW Local Health District
- Commonwealth Respite and Care link Centre
- Stronger Together Program Carers NSW
- Dubbo Touch Football
Who comes along?

• We are inclusive of all Aboriginal Carers including Grandparent Carers, and others who care for Aboriginal community

• We welcome care recipients

• Elders

We are Living Well Together
Excursions
Closing the Gap

• We ensure a culturally safe environment for Aboriginal Carer's to have a yarn, be open and honest, seek advice about their concerns and be happy and have a laugh whilst at the KYG

• Partnering with Carer's (Standard 2 National Safety & Quality in Healthcare)

• Improves access to health and wellbeing services

• Improves quality of life

• 50 caregivers aligned to the KYG group and up to 20 attend regularly each month
Continuous Quality Improvement

- Standard 2 NSQHS “We listen learn and action” The KYG carers voice is the centre of our service delivery planning.
- Quality feedback from our KYG Carers guides a “two way learning” approach
- KYG carer reported experience & feedback
Carer Feedback

• Support and sharing our stories. Sharing carer stories, Koori Yarning. All the people you meet
• Love our trips
• Everybody helps and I appreciate it. I like the information
• Helping me a lot otherwise I’d be staying at home
• Info helps us but also helps the rest of the family
• Everyone gets along well