



AGENCY FOR
CLINICAL
INNOVATION

Musculoskeletal Network NSW Osteoarthritis Chronic Care Program

Service Directory

September 2018

Contact

Julia Thompson
Project Officer Musculoskeletal Network
Tel: 02 9464 4672
Mob: 0447633496
Email: julia.thompson2@health.nsw.gov.au

Central Coast Local Health District

Gosford and Wyong Hospitals	
Orthopaedic Waitlist Program	
Health Services Building, Gosford Hospital	
OACCP Coordinator	Sara Mitchell and Nicola Davies
Telephone	(02) 4320 2673 / 5842
Mobile	
Fax	(02) 4320 2488
Email	Sara.mitchell@health.nsw.gov.au
Days and hours of operation	Monday – Friday; 8.00 am - 4.30 pm
Eligibility	For people who have been placed on the waiting list for elective joint replacement surgery in the Central Coast Local Health District, or for patients that have been referred by an orthopaedic surgeon
Service provided	<ul style="list-style-type: none"> • Multidisciplinary Team includes <ul style="list-style-type: none"> ○ Physiotherapist ○ Dietitian ○ Occupational therapist ○ Administrator • A multidisciplinary approach to chronic disease management involving assessments and reviews over the course of a year. • Referrals to community based programs, hydrotherapy, exercise classes, occupational therapy and hospital based programs. • Aim is to improve both physical and psychological health to achieve the optimum post-operative outcomes and to ensure that the process towards surgery runs smoothly.
Outreach	

Far West Local Health District

Broken Hill Health Service	
Integrated Care for People with Chronic Conditions	
Broken Hill Hospital - Community Health Thomas St, Broken Hill NSW 2880	
OACCP Coordinator	Michael Gleeson
Telephone	(08) 8080 1729
Mobile	0408 840 430
Fax	08 8088 5930
Email	Michael.Gleeson@health.nsw.gov.au
Days and hours of operation	Monday – Friday; 8.00 am - 4.30 pm
Eligibility	People from the FWLHD elective joint replacement waitlist. Referrals accepted via GP for OA knee/hip.
Service provided	<ul style="list-style-type: none"> • Comprehensive assessment by OACCP Coordinator • Care Coordination and Health Coaching. • Referral to hospital services and community programs including: <ul style="list-style-type: none"> ○ Dietitian ○ Physiotherapy for hydrotherapy, home exercise programs, fall prevention classes and hip and knee classes ○ Occupational Therapist for “Stepping On” Program and home modifications ○ Community exercise classes, aquafit and tai chi classes.
Outreach	Service covers Menindee, Wilcannia, White Cliffs, Tibooburra, Ivanhoe, Balranald, Dareton and Wentworth.

Hunter New England Local Health District

Armidale Rural Referral Hospital	
Armidale OACCP (OA knee Group)	
Armidale Rural Referral Hospital Rusden Street, Armidale NSW 2350	
OACCP Coordinator	Rebecca Livings and Jenny McKay
Telephone	(02) 6776 9674
Fax	(02) 6776 4774
Email	HNELHD-ARMPHY@hnehealth.nsw.gov.au
Days and hours of operation	Wednesday, 13.30 – 16.30
Eligibility	Knee Osteoarthritis
Service provided	<ul style="list-style-type: none"> • A multidisciplinary approach to chronic disease management involving assessments and reviews over 1 year. • Supports people with knee arthritis to improve the management of their pain, performance of daily activities and quality of life. • Interventions include exercise, disease management, improved nutrition and weight loss. • Exercise classes weekly followed by education sessions for 6 weeks (Pharmacist, dietitian, physiotherapy)
Outreach	Planning to assist Inverell and Glen Innes to set up and link in for education

Illawarra Shoalhaven Local Health District

Wollongong Hospital	
Osteoarthritis Chronic Care Program	
Loftus St (Main Entrance), Wollongong NSW 2500	
OACCP Coordinator	Emily Mayze
Telephone	(02) 4253 4591
Mobile	
Fax	(02) 4253 4504
Email	ISLHD-Wollongong-OACCP@health.nsw.gov.au
Days and hours of operation	8:00 am – 16:30 pm Monday – Friday.
Eligibility	Added to the elective wait list from the 1st of January 2018. Category C patients.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes: <ul style="list-style-type: none"> ○ Physiotherapy ○ Occupational therapy ○ Dietician ○ Social Worker ○ Administrator • Initial assessment, 3,6, 9, 12 month review appointments • Exercise/education program • Hydrotherapy • Links to local subsidised gym membership for 3 months
Outreach	

Shoalhaven District Memorial Hospital	
Shoalhaven OACCP	
Shoalhaven District Memorial Hospital Shoalhaven St, Nowra NSW 2541	
OACCP Coordinator	Clare Eastment
Telephone	02 4423 9283 LBVC administrator 02 4423 9272 Physiotherapy department
Mobile	0436659115
Fax	02 4423 6183
Email	ISLHD-Shoalhaven-OACCP Clare.eastment@health.nsw.gov.au
Days and hours of operation	Monday, Wednesday, Friday, 8:00 am - 4.30 pm
Eligibility	On waitlist for TKR and THR and residing in Shoalhaven
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes <ul style="list-style-type: none"> ○ Physiotherapy ○ Dietitian ○ Social Worker ○ Occupational Therapy ○ Administrator • Initial assessment, 3,6, 9, 12 month review appointments • Individual appointments as required and self-referral at any time. • Exercise/education program – 6 sessions over 3 weeks with recommendations for ongoing community activities
Outreach	St Georges Basin, Milton-Ulladulla to follow

Mid North Coast Local Health District

Port Macquarie Base Hospital	
Osteoarthritis Chronic Care Program	
Wrights Road, Port Macquarie NSW 2444	
OACCP Coordinator	Andrea Cartwright
Telephone	(02) 5524 2159
Mobile	0467 770 203
Fax	(02) 5524 2139
Email	andrea.cartwright@ncahs.health.nsw.gov.au
Days and hours of operation	Wednesday and Thursday and alt. Friday; 8am – 4.30pm
Eligibility	For people who are on the waitlist for elective hip or knee joint replacement. Referrals will also be accepted from general practice for people not on the waitlist but who require chronic care interventions for their osteoarthritis.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes; <ul style="list-style-type: none"> ○ Physiotherapy ○ Nurse ○ Dietitian (referral) ○ Adminstrator • A multidisciplinary approach to chronic disease management involving assessments and reviews over the course of a year. • Provision of hydrotherapy classes provided 2x /wk • Referrals to community based programs, exercise classes, occupational therapy and hospital based programs. • Aim is to improve both physical and psychological health to achieve the optimum outcomes for both the purely conservative care patient group as well as those proceeding to surgical intervention. • To ensure the best possible post-operative outcomes and the process towards surgery runs smoothly.
Outreach	Laurieton once a month, Kempsey three times every 2 months

Coffs Harbour Health Campus	
Enhanced Management Orthopaedic Surgery (EMOS)	
345 Pacific Highway, Coffs Harbour NSW 2450	
OACCP Coordinator	Andrew Wong
Telephone	(02) 6656 5277
Mobile	
Fax	(02) 6656 7687
Email	andrew.wong@ncahs.health.nsw.gov.au
Days and hours of operation	Monday – Friday; 8am – 4.30pm
Eligibility	For people who have been placed on the elective joint replacement waitlist. Referrals also accepted via GP for OA knee/hip.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes <ul style="list-style-type: none"> ○ Physiotherapy ○ Dietitian ○ Occupational Therapy ○ Administrator • Program focuses on early, conservative management of osteoarthritis utilising the integrated model of care • Interventions include exercise classes, hydrotherapy, education sessions
Outreach	

Murrumbidgee Local Health District

Wagga Wagga Health Service	
Osteoarthritis Chronic Care Program	
Edward Street Wagga Wagga NSW 2650	
OACCP Coordinator	Kathy Drum
Telephone	(02) 59432450
Mobile	
Fax	(02) 59432475
Email	Katherine.drum@health.nsw.gov.au
Days and hours of operation	Monday 8.00 am – 4.30 pm; Tuesday 8.00 am – 4.30 pm; Wednesday 8.00 am – 4.30 pm; Thursday 8.30 am – 3.00 pm
Eligibility	For people who are on the elective surgical waitlist for knee or hip replacement. Also direct referrals from orthopaedic specialists.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes <ul style="list-style-type: none"> ○ Physiotherapy ○ Allied health assistant ○ Dietitian (not yet started) ○ Administrator • Initial assessment for development of care plan and then review every three months. • Referrals to community based programs, exercise classes and hospital based programs • Depending on place of residence and individual preferences, some people will undergo assessments at Wagga Hospital and others in private physiotherapy practice within Wagga and in several surrounding towns.
Outreach	Griffith Hospital

Nepean Blue Mountains Local Health District

Nepean Hospital and Blue Mountains Hospitals	
Multidisciplinary Orthopaedic Clinic (MDOC)	
13 -29 Gascoigne Street, Penrith, 2750	
OACCP Coordinator	Emma Saad / Sharon Hammad
Telephone	(02) 4734 1646
Mobile	
Fax	(02) 4734 4812
Email	Emma.Saad@health.nsw.gov.au Sharon.Hammad@health.nsw.gov.au
Days and hours of operation	Monday – Friday; 8.00 am-4.30 pm
Eligibility	For people on the Nepean Hospital waiting list for elective joint replacements only, other referrals not accepted.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes; <ul style="list-style-type: none"> ○ Physiotherapist ○ Dietitian ○ Occupational therapy ○ Social work (referral) ○ Clinical Nurse Specialist (due to start) ○ Administrator • Supports people with arthritis to improve the management of their pain, performance of daily activities and quality of life. • Assessments with physio, dietitian, occupational therapist and nurse. • Referrals to appropriate services such as dietetics, hydrotherapy, physiotherapy, occupational therapy, social work services and chronic disease or community programs. • The program helps to improve readiness for surgery and recovery afterwards.
Outreach	Blue Mountains outreach MD clinic the 3 rd Thursday of the month

Northern NSW Local Health District

Tweed-Byron Health Service Group	
Specialised Osteoarthritis Screening (SOS) Clinic	
Florence St, Tweed Heads, 2485	
OACCP Coordinator	Evan Bryant
Telephone	(07) 55067545
Mobile	
Fax	(07) 55067578
Email	Evan.Bryant@ncahs.health.nsw.gov.au
Days and hours of operation	Monday -Wednesday; 8.30am - 4.30pm
Eligibility	<p>Eligibility/referral entry:</p> <ul style="list-style-type: none"> • Not on waiting list for joint replacement surgery with diagnosis of Hip or Knee OA with joint pain effecting function • Referrals accepted from GP, Orthopaedic Specialists
Service provided	<ul style="list-style-type: none"> • Program focuses on early, conservative management of osteoarthritis utilising the integrated model of care Interventions include musculoskeletal assessment, exercise prescription and education on disease management, improved nutrition and weight loss • Referral to 6 week exercise and education program • Report of referring GP with recommendations for referral under GP Management Plan (GPMP) and/or Team Care Arrangement (TCA)

Grafton Base Hospital	
Osteoarthritis Chronic Care Program	
Arthur Street Grafton NSW 2460	
OACCP Coordinator	Mark Rosser
Contact	Mark Rosser Amanda Tutty (Physiotherapy Manager)
Telephone	(02) 6641 8770
Fax	(02) 6640 2469
Email	Mark.Rosser@ncahs.health.nsw.gov.au
Days and hours of operation	Monday – Friday; 8.30 am – 5.00 pm
Eligibility	For people with OA knee/hip. GP or specialist referral accepted.
Service provided	<ul style="list-style-type: none"> • OACCP coordinator • Gym and hydrotherapy exercise programs • Referrals to other disciplines as required and as available including generalist counsellor, occupational therapist, physiotherapist, Chronic Disease Management Plan (CDMP), dietician
Outreach	Some outreach services also provided at Maclean, Yamba and Iluka Community Health

Northern Sydney Local Health District

Hornsby Ku-ring-gai Hospital	
Osteoarthritis Chronic Care Program	
Palmerston Road, Hornsby NSW 2077	
OACCP Coordinator	Daniel Richardson
Other Contacts	LHD Musculoskeletal Admin Officer
Telephone	(02) 9463 1860
Fax	(02) 9463 1058
Email	NSLDH-NBHS-OACCPPhysio@health.nsw.gov.au
Days and hours of operation	Monday to Friday, 8 am to 4:30 pm
Eligibility	Referral by Hornsby Hospital Orthopaedic Surgeon. On waitlist for TKR or THR or diagnosis of hip or knee arthritis.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes <ul style="list-style-type: none"> ○ Physiotherapy ○ Social Worker ○ Dietitian ○ Occupational therapy ○ Administrator • Intervention is a comprehensive initial assessment by musculoskeletal coordinator/physiotherapist with review of evidence based conservative treatment options for OA management. • Referral to NSW Health services including hydrotherapy, fall prevention programs, get healthy phone service, Physiotherapy and Diabetes Education. • Referral to on site OACCP services including Dietetics/Nutrition services, Occupational Therapy and Social Work. • Close liaison with GP for any medical and/or pharmacology management. • Review with coordinator every 3 months for 9 months. Total of 4 appointments.
Outreach	

Northern Beaches Health Service (Manly/Mona Vale Hospitals)	
Osteoarthritis Chronic Care Program	
Coronation Street, Mona Vale NSW 2103	
OACCP Coordinator	Susan Lambert
Contact	LHD Musculoskeletal Admin Officer
Telephone	(02) 9463 1860
Mobile	
Fax	(02) 9463 2092
Email	OACCPPhysio@health.nsw.gov.au
Days and hours of operation	Monday, Wednesday and Thursday; 8.00 am – 4.30 pm
Eligibility	On waiting list at Manly / Mona Vale Hospital for TKR and THR.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes <ul style="list-style-type: none"> ○ Physiotherapy ○ Social worker ○ Occupational therapist ○ Dietitian ○ Administrator • Intervention is a comprehensive initial assessment by musculoskeletal coordinator/physiotherapist with review of evidence based conservative treatment options for OA management. • Referral to NSW Health services including hydrotherapy, fall prevention programs, get healthy phone service, and Diabetes Education • Referral to on site OACCP services including Dietetics/Nutrition services, Occupational Therapy and Social Work. • Close liaison with GP for any medical and/or pharmacology management • Review with coordinator every 2 months, 4 sessions.
Outreach	

Royal North Shore Hospital	
Osteoarthritis Chronic Care Program	
Reserve Road, St Leonards NSW 2065	
OACCP Coordinator/s	Matthew Williams Carin Pratt
Telephone	(02) 9463 1860
Mobile	
Fax	(02) 9463 1058
Email	NSLHD-NBHS-OACCPPhysio@health.nsw.gov.au
Days and hours of operation	Monday to Friday; 8:00 am to 4:30 pm
Eligibility	For people on the waitlist for elective hip or knee joint replacement at RNSH or Ryde Hospital. Referrals accepted from RNSH orthopedic surgeons and rheumatologists.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary Team includes <ul style="list-style-type: none"> ○ Physiotherapist ○ Dietitian ○ Social Worker ○ Occupational therapist ○ Orthotist ○ Rheumatologist ○ Administrator • Provides services for people with osteoarthritis living in the RNSH and Ryde Hospitals area • Multidisciplinary care coordination • Regular individual holistic assessment of participant progress for 9-12 months. • Assessment and interventions include those related to disease management, psychological health, social situation, nutrition, weight management, exercise, preparing for surgery to ensure a smooth hospital stay.
Outreach	

South Eastern Sydney Local Health District

The Sutherland Hospital	
Osteoarthritis Chronic Care Program	
The Kingsway, Caringbah NSW 2229	
OACCP Coordinator	Erica Morgan
Telephone	(02) 9540 8300
Mobile	
Fax	(02) 9540 7717
Email	Erica.morgan2@health.nsw.gov.au
Days and hours of operation	Monday, Tuesday 8.00am – 2.00pm, Thursday 8.00am – 3.30pm
Eligibility	<p>For people with hip or knee osteoarthritis from the Sutherland and St George areas.</p> <p>Blanket referral from orthopaedic waiting list for THR and TKR.</p> <p>Referrals from GP's, specialists and allied health also accepted if patient has a diagnosis of knee or hip</p>
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes: <ul style="list-style-type: none"> ○ Physiotherapist ○ Occupational Therapist ○ Dietitian ○ Administrator • Exercise classes (including education), health education, behaviour change support through SHIRES (Sutherland Health Improvement Referral and Education Service), referral to hydrotherapy or other services and exercise groups as needed. • Ongoing support from the dietitian or referral to community OT's for a home visit if required.
Outreach	

Southern NSW Local Health District

Service underdevelopment as of September 2018

South Western Sydney Local Health District

Fairfield Hospital	
Fairfield Orthopaedic Hip and Knee Service (FOHKS)	
Cnr Prairievale Road and Polding Street Prairiewood NSW 2176	
OACCP Coordinator	Danella Hackett Physiotherapist Susan Dietsch Orthopaedic CNC
Telephone	(02) 96168155 (02)96168587 Danella (02) 9616 8836 (Susan)
Mobile	0434327104 (Susan)
Fax	(02) 9616 8583
Email	Danella.Hackett@sswahs.nsw.gov.au or Susan.Dietsch@sswhas.nsw.gov.au
Days and hours of operation	Monday to Thursday; 8.00am - 4.00pm Friday; 8.00am -3.30pm
Eligibility	For people who are on the waitlist listed for primary elective total knee or hip replacement surgery. Referral is through submission of admission form for joint replacement surgery at Fairfield Hospital
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes <ul style="list-style-type: none"> ○ Physiotherapist/s ○ Clinical Nurse Consultant ○ Adminstrator • Chronic disease management including assessment and review whilst awaiting elective hip and knee replacement surgery • Referral to Community services and Hospital programs for ongoing chronic disease management
Outreach	Fairfield staff see Macarthur area patients at Campbelltown hospital

St Vincents Health Network

St Vincents Hospital	
St Vincent's Hospital OACCP Osteoarthritis Chronic Care Program (OACCP)	
390 Victoria Street Darlinghurst NSW 2010	
OACCP Coordinator	Elizabeth Dyer
Contact	
Telephone	(02) 8382 3346
Mobile	
Fax	(02) 8382 3345
Email	Elizabeth.Dyer@svha.org.au
Days and hours of operation	Wednesday 8.30am -12.00pm
Eligibility	Patients on the waiting list for elective hip and knee replacement
Service provided	<ul style="list-style-type: none"> • Physiotherapy, Dietetics and Occupational Therapy with a referral to Social Work as required.
Outreach	

Sydney Local Health District

Royal Prince Alfred Hospital	
Osteoarthritis Chronic Care Program	
Missenden Road, Camperdown	
OACCP Coordinator	Fred Menz
Contact	
Telephone	9515 9853 (RPA physio dept)
Mobile	
Fax	9515 9751 (RPA physio dept)
Email	frederick.menz@health.nsw.gov.au
Days and hours of operation	Mon – Friday
Eligibility	Surgical wait list and primary care referral for OA of hip and knee
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes <ul style="list-style-type: none"> ○ Physiotherapist/s ○ Dietitian ○ Rheumatologist ○ Psychologist (to be allocated) ○ Nurse ○ Administrator (to be allocated) • Assessment, prior to developing a personalised management plan in line with the ACI model of care for OACCP. The program integrates physical therapy, dietary advice and analgesia while acknowledging and addressing concurrent psychosocial issues that may impact on improvement.
Outreach	

Western NSW Local Health District

Orange Health Service	
Orange Health Service Osteoarthritis Chronic Care Program	
1530 Forest Road, Orange NSW 2800	
OACCP Coordinator	Amy Archer
Telephone	(02) 6369 7308
Mobile	
Fax	(02) 6360 1774
Email	amy.archer@health.nsw.gov.au
Days and hours of operation	Tuesday 1.30pm -3.30pm
Eligibility	Invitation from the elective TKR and THR waiting list
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes <ul style="list-style-type: none"> ○ Physiotherapist ○ Dietitian ○ Occupational Therapist ○ Nurse • Multidisciplinary initial screening, assessment and recommendations • Ongoing reviews through to surgery date • Referrals to community services, exercise groups, Allied Health professionals etc. depending on locality
Outreach	

Bathurst Base Hospital	
Joint Partners - Osteoarthritis Chronic Care Program	
Howick St, Bathurst NSW 2795	
OACCP Coordinator	Sandra Hamer
Telephone	(02) 6330 5100
Mobile	
Fax	
Email	sandra.hamer@health.nsw.gov.au
Days and hours of operation	Monday, Wednesday, Friday, 8.00am – 4.30pm
Eligibility	For people on the Bathurst Hospital waiting list for elective hip and knee joint replacement surgery or have been referred by an orthopaedic surgeon.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team includes: <ul style="list-style-type: none"> ○ Coordinator/physiotherapist ○ Occupational therapist ○ Referral to Rehab physician, dietician and other services as required • A number of community based exercise groups are used • We aim to see people on the waiting list at 3, 6, 9 months. • Using a chronic disease management approach, people are encouraged to adopt and implement strategies and that are relevant for them. • We aim to educate people regarding expectations of surgery and improve their readiness for surgery and post-surgery outcomes.
Outreach	

Western Sydney Local Health District

Westmead Hospital	
Westmead Hospital University Clinics Osteoarthritis Chronic Care Program (OACCP) Service	
Department of Rheumatology, Level 3, Research and Education Network, Westmead Hospital, Hawkesbury Road, Westmead NSW 2145	
OACCP Coordinator	Shabnam Habibvand
Contact	
Telephone	(02) 8890 7149
Mobile	
Fax	02 8890 9673
Email	shabnam.habibvand@health.nsw.gov.au
Days and hours of operation	
Eligibility	Patients on the waiting list for elective hip and knee replacement in the Western Sydney Local Health District. Referrals are also accepted from GPs, specialists and other clinicians within the hospital and in the community.
Service provided	<ul style="list-style-type: none"> • Multidisciplinary team including <ul style="list-style-type: none"> ○ Clinical Nurse Consultation ○ Rheumatologist ○ Rheumatology registrar ○ Physiotherapist ○ Dietician • Comprehensive initial assessment followed by reviews over the course of a year. • Multidisciplinary group patient education for new patients as well as group exercise programs; 8 week land based and 12 week hydrotherapy • The overall aim of the program is to optimise physical, functional and psychological health of patients with hip and knee osteoarthritis. Patients who are ready for surgery are identified and fast-tracked for assessment by the orthopaedic surgeon for elective joint replacement.
Outreach	

Ramsay Health Care

Hunters Hill Private Hospital	
Osteoarthritis Management Program	
9 Mount St Hunters Hill NSW 2110	
OACCP Coordinator	Hans Lee
Contact	
Telephone	(02) 8876 9300 or (02) 8876 9447
Mobile	0420426652
Fax	(02) 8876 9436
Email	oamp.hhp@ramsayhealth.com.au
Days and hours of operation	Monday to Friday; 3:00 pm - 9:00 pm Assessment day: Wednesday Treatment sessions: Monday, Tuesday, Thursday and Friday
Eligibility	Referral from GP or Orthopaedic specialist Patient with "Rehabilitation" item cover on their health fund – No out-of-pocket costs
Service provided	<ul style="list-style-type: none"> • Multidisciplinary approach to people with hip and knee osteoarthritis. • Comprehensive assessment and management by Physiotherapist, Rheumatologist, Dietitian, Occupational Therapist, Social Worker and or referral to Community services and other Hospital programs for ongoing chronic disease management if required. • Hydrotherapy group sessions on-site. • Supervised land-based group exercise sessions.

Mt Wilga Private Hospital	
Osteoarthritis Management Program	
66 Rosamond Street Hornsby 2077	
OACCP Coordinator	Scott Appleton
Telephone	(02) 98475015
Mobile	
Fax	(02) 98475089
Email	oamp.mwp@ramsayhealth.com.au
Days and hours of operation	Once a month clinic on Tuesday from 8.00am to 5.00pm Treatment Monday, Wednesday, Thursday and Friday 1.30pm to 4.30pm
Eligibility	Patients with OA of the hip/knee
Service provided	<ul style="list-style-type: none"> Group based education session, land based session with EP/PT and hydrotherapy. Option for one to one sessions as appropriate
Outreach	