Criteria Led Discharge is a process used by the hospital staff to outline what goals/milestones need to be achieved before you can be discharged. The objective of Criteria Led Discharge is to ensure your discharge from hospital is not delayed, and that you can be safely discharged from the hospital setting.

Criteria Led Discharge has many benefits:

- It clearly outlines what both you and your healthcare team need to do during your hospital stay.
- You spend less time in hospital because decisions about your care are made earlier in your stay.
- You spend less time waiting for the decision to let you go home.

What is ‘Criteria Led Discharge’?

Your healthcare team will agree on a set of milestones with you to meet during your admission to hospital.

Milestones can include clinical criteria (e.g., normal temperature, controlled pain, etc.) and social criteria (e.g., being able to live safely where you normally live).

All milestones are documented in your medical record.

Your healthcare team will work with you to meet these milestones.

Once these milestones are met and there are no outstanding requirements a senior staff member can discharge you.

If there are any concerns, the staff will contact the doctor to review you before you leave.
Does this mean I will not see a Doctor at all?

No.

A doctor will continue to see you regularly throughout your hospital stay.

Criteria Led Discharge means that you and the team have agreed on a set of milestones. These decisions have been led by the senior doctor. A senior staff member will monitor that these have been met. You will not be discharged before your milestones have been reached.

**BEFORE you leave the hospital, please make sure you:**

- Understand your care plan for you to manage at home (e.g. medications, follow-up care and appointments)
- Ask about medical certificates, letters and return of any private X-Rays
- Ask your doctor about any GP or specialist follow-up requirements
- Understand any home based-support services or community based support that may be available
- Discharge time is 10am
- Please ensure your arrangements for transport are organized before you come into hospital
- If you are unable to be collected from the ward by 10am, it will be necessary to transfer you to the discharge lounge to wait for your transport to arrive.

What should you do if you experience problems or are unhappy with your care?

If you are unhappy with any aspect of your care, please ask to speak to the nurse in charge of your ward. If you do not feel that they are addressing your concerns, ask to speak to the Patient Representative in the hospital. They can be contacted on 9767 7488 and their office is located in the Executive Unit, Ground Floor, Building 5.