<table>
<thead>
<tr>
<th><strong>What is the project about?</strong></th>
<th>The Quality is Acute Stroke Care (QASC) Trial showed that multidisciplinary, nurse-led interventions to manage fever, hyperglycaemia and swallow difficulties significantly improved health outcomes.</th>
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</table>
| **Why Implement this project?** | Results showed that introducing the Fever, Sugar, Swallow (FeSS) clinical protocols resulted in:  
  ✓ Decreased death and dependency  
  ✓ Improved swallowing management  
  ✓ Reduced temperature and glucose  
  ✓ Reduced length of stay by two days |
| **How will the project work?** | • All 36 Stroke Services in NSW invited to take part  
  • The project will run over 12 months and workshops will run in Jun/Jul 2013  
  • Implementation of protocols will commence in Jul/Aug 2013  
  • Sites will undertake evaluation including an audit |
| **What we will provide for you?** | • Training for champions by attending one workshop  
  • Implementation site support throughout project in person, via phone and email  
  • Audit tool and audit training |
| **What do you have to do?** | • Identify two or three key clinical stroke champions to attend one workshop  
  • Champions will be responsible for co-ordination of local implementation of the FeSS clinical protocols  
  • Participate in a medical record audit |
| **What if my LHD has established FeSS protocols?** | Our project aims to consolidate knowledge and understanding and uptake of the FeSS clinical protocols; where relevant, we will assist LHDs to implement their own local evidence based guideline for fever, hyperglycaemia and swallowing dysfunction. |
When do I have to audit medical records?

All medical records for this project will be audited in January 2014.

Pre-implementation: If your stroke service participated in the 2013 National Stroke Foundation (NSF) clinical audit, no further baseline data will need to be collected if your site agrees for the project to access their 2013 NSF audit data. For sites that did not participate in the NSF audit, a medical record audit of 40 consecutive patients admitted and discharged between 1 July 2012 and 31 December 2012 needs to be conducted.

Post-implementation: Medical records to be audited will be patients admitted to the stroke service from 1 Nov to 31 Dec 2013 (maximum 40 medical records) per site.

What is my role as a clinical stroke champion?

Attend one day educational workshop and following workshop to:
- Run educational workshop locally
- Commence implementation of the FeSS clinical protocols locally with ongoing support by the QASC implementation team and hospital clinicians and management

When and Where are the workshops?

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<tr>
<th>Workshop 1: Sydney (North Ryde)</th>
<th>Workshop 2: Sydney (North Ryde)</th>
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<td>Tuesday the 18th of June 2013</td>
<td>Wednesday the 19th of June 2013</td>
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<th>Workshop 3: Newcastle (JHH)</th>
<th>Workshop 4: Sydney (North Sydney)</th>
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<tr>
<td>Tuesday the 25th of June 2013</td>
<td>Thursday the 4th of July 2013</td>
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Who do I contact for help?

Project Director
Professor Sandy Middleton
Sandy.middleton@acu.edu.au
(02) 8382 3794

Project Coordinator
Dr Anna Lydtin
quasc@acu.edu.au
(02) 8382 4024

Where can I find the QASC FeSS Clinical Protocols?

More information and QASC clinical protocols available for FREE download from the QASC website:
www.acu.edu.au/qasc