ACI and Criteria Led Discharge

Friday 27th November 2015

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Who we are and what we do

Design and promote better healthcare.

- Nurse
- Allied health professionals
- GP
- Paramedic
- Managers
- Consumers
- Specialist
- Researcher
The Acute Care Taskforce

- Moved to ACI from MoH in June 2012
- Representatives from all LHD/SHNs
  - Medical / Nursing / Allied Health / Management
- Consumers / carers
- Pillars, Ambulance Primary Care and MoH
- Focus on the medical inpatient journey
  - Medical Assessment Units
  - Criteria Led Discharge
Criteria Led Discharge (CLD)

Enhancing patient-centred care co-ordination, communication and patient flow
CLD - Goals

1. Improved patient outcomes and experience
   ✓ Coordinated patient journey

2. Improved communication
   ✓ Informed patient
   ✓ Transparency for entire team
   ✓ Improved staff experience

3. Efficiency-Demand Management
   ✓ Early decisions leading to smooth discharge
   ✓ Reduced length of stay
   ✓ Increased weekend transfers (discharge) of care
   ✓ No increase in readmission rates
Criteria Led Discharge is suitable for every patient in NSW
CLD is NOT...

- A substitute for clinical decision making, or
- Staff, independently discharging patients
CLD combines many of the elements central to effective care co-ordination and patient flow.
ACT vision

Aims to simplify the messages and align strategies across the system to improve the inpatient journey.
Principles of Criteria Led Discharge

- Patient centred care
- Multidisciplinary engagement
- Optimising the inpatient journey
CLD – flexibility in approach

- Clinicians can set clinical criteria appropriate to the complexity and individual needs of the patient.
- For some conditions and procedures it may be appropriate to use pre-set criteria e.g., hip surgery and TIA.
- Whatever the approach there is always the opportunity to add additional criteria based on individual need.
Preliminary findings - one ward’s experience

- ↓ ALOS 0.8 days = 170 bed days saved (Nov 2013-Jul 2014)
- No increase in readmissions
- Improvement in 10am discharges

![Graph showing trends and comparisons between years (2012, 2013, 2014) and a target line. The graph plots percentage changes over months (Jan to Jul) for different years. The line for 2014 shows a notable increase in the second quarter, whereas the other years remain relatively stable.](#)
15 hospitals have implemented CLD in over 8 specialities including:

- Respiratory (adults and children)
- Cardiology
- Surgery
- Neurology/ neurosurgery

Momentum is building and ACI are aware of a further ten hospitals preparing for implementation.
Where to next?

ACI are here to help...

IT’S UP TO YOU!

ACI NSW Agency for Clinical Innovation