GP & MENTAL HEALTH COLLABORATIVE CARE MODEL

CONSUMER
- Identifying health needs and goals
- Provision of consent for parties involved in health care
  - Consumer held health summary
  - Attend appointments
- Participate in initial meeting to discuss collaborative care
  - NGO and mental health service self referral

GENERAL PRACTICE
- Clinical assessment & diagnosis
- Send MHS patient summary annually
- Annual physical health review, ongoing cardiometabolic monitoring
- Annual GP Management Plan/Team Care Arrangement and Care Conference
- Specialist and NGO referral (including ccCHIP clinic)
- Orders bloods/investigations (cc’s MHS)

SLHD MENTAL HEALTH SERVICE (MHS)
- CC attends first GP appointment
- Observations at baseline and 3 monthly
- Send GP Review Form quarterly, metabolic form annually
- Supported GP, peer support and NGO referral
- Healthy lifestyle interventions
- GP phone access to consultant psychiatrists
- Specialist peer support workers

Underpinned By:
- Collaborative care and physical health HealthPathways
- Policy & strategic Frameworks
- Developed NGO service partner collaborative pathways
- Clinical guidelines
- Change management strategies
- Education and training

= Indicates new process components