I need to have a CT scan
How to use these visuals

If you are coming to hospital you can:
• Look at these pictures and talk about them with others
• Talk with the nurses and doctors about the pictures
• Think about what will happen when you come to hospital

If you are helping someone to understand their hospital visit you can:
• Share the pictures with them either as a book or through the website
• Give them time to think about the pictures
• Talk with them about the pictures
• Give them time to ask questions
• Ask them how they are feeling about hospital
• Use the pictures as a guide before or during the hospital visit

The pictures and e-learning module on using visuals can be found here:

Remember, say less and show more!
I might need to have a CT scan. Here is the CT machine.
I need to lie very still on the bed.
I will see lights inside the CT machine.
The lights make some lines on my face.
I can shut my eyes and rest until the CT scan is finished.