

Nurse Delegated Emergency Care Skills Mapping

Introduction

The following provides an outline of the essential Registered Nurse (RN) skills that are required to provide Nurse Delegated Emergency Care (NDEC). Where an RN feels more training is required or a knowledge / skills gap has been otherwise identified, existing resources are mapped to allow for further training and workplace assessment. Before an RN commences specific training for NDEC, it is an assumption / prerequisite that the RN has been deemed competent and is also confident in the following areas prior to being endorsed as a NDEC RN.

Mandatory Pre-requisites

The listed education programs (or an equivalent as established by the relevant Local Health District) are pre-requisites for all RNs undertaking NDEC training. These pre-requisites include

- * Completion of the Department of Health and Aging *Triage Education Kit* or an equivalent formal triage training program.
- * Current competency in rural / remote triage including satisfactory completion of a triage practice audit.
- * New South Wales (NSW) Ministry of Health (MoH) *Between the Flags* awareness training¹.
- * NSW MoH *Detecting Deterioration, Evaluation, Treatment, Escalation and Communication in Teams* (D.E.T.E.C.T.) program².
- * NSW MoH *D.E.T.E.C.T. Junior* program³
- * NSW MoH *Introduction, Situation, Background, Assessment, Recommendation* (ISBAR) for *Clinical Handover* e-learning⁴
- * *NSW Paediatric Clinical Practice Guidelines* e-learning⁵

Essential skills for the NDEC RN

The NDEC model is based on core RN knowledge and skills. The following is a list of identified core RN knowledge and skills that are essential to the delivery of NDEC.

- * Patient assessment
- * Pain assessment and pain management
- * Using medication Standing Orders
- * Management of minor burns

¹ Available via <http://www.cec.health.nsw.gov.au/programs/between-the-flags> or <http://nswhealth.moodle.com.au>

² Available via <http://www.cec.health.nsw.gov.au/programs/between-the-flags> or <http://nswhealth.moodle.com.au>

³ Available via <http://www.cec.health.nsw.gov.au/programs/between-the-flags> or <http://nswhealth.moodle.com.au>

⁴ Available via <http://nswhealth.moodle.com.au>

⁵ Available via <http://doh.edmore.com.au/>

- * Basic eye assessment
- * Wound management
- * Fitting and providing instructions on the use of crutches
- * Management of paediatric presentations

If it is identified that an RN requires further training, the following resources have been mapped to the areas listed above. These resources are not specific to NDEC or a rural / remote context. The mapped content is, however, directly related to the knowledge and skills required by the NDEC RN.

Key:

- * **CIN:** Clinical Initiatives Nurse training program⁶
- * **TENP:** Transition to Practice Emergency Nursing Program⁷
- * **Numbers:** The listed numbers refer to the chapter and section of each resource manual
- * **LA:** Refers to the applicable *Learning Activity* in each respective participant manual.
- * Where '**Other**' resources are identified, it is recommended that these resources are consulted as a primary resource.

Component	CIN	TENP	Other
Patient assessment	2.2	2.1 – 2.3 (LA = 3) 2.6	
Documentation	3.1 (LA = 1, 3)	1.10	
Pain management	1.4 (LA = 2, 3.2, 4, 5, 8, 9)	3.8 (LA = 39 – 42)	
Medication standing orders		1.9 – 1.10 (LA 2)	MoH Medication Standing Orders Policy ⁸
Burns		10.2 – 10.7 (LA 45)	
Basic eye assessment			Eye Emergency Manual (2 nd Ed.) ⁹ pg. 15 – 16, 21 – 23; 25 – 27 and ECI Basic Eye Assessment competency assessment ¹⁰
Limb assessment	1.5 (LA = 1, 2, 3)		CIN Limb assessment DVD ⁶
Wound Management	1.6 (LA = 1)		
Crutches			ECI e-learning & competency assessment ¹¹
Paediatrics	2.5	16.2 – 16.3, 16.5 – 16.10 (LA 62 ¹²)	

NDEC Specific Training

The above elements form the foundation of NDEC RN training and accreditation. An understanding of these aspects is assumed when an RN begins specific training for NDEC. NDEC training and competency assessment is in addition to the above, and must be completed separately. Discuss the NDEC specific training requirements with your local NDEC facilitator or consult the ECI website www.ecinsw.com.au/ndec.

⁶ Available via <http://www.ecinsw.com.au/CIN>

⁷ Available via <http://www.ecinsw.com.au/search/node/tpenp>

⁸ Available via http://www0.health.nsw.gov.au/policies/PD/2005/pdf/PD2005_374.pdf

⁹ Available via http://www.aci.health.nsw.gov.au/_data/assets/pdf_file/0010/154963/eem_education_session2.pdf#zoom=100 or <http://www.ecinsw.com.au/Eyes>

¹⁰ Available via *in development*

¹¹ Available via *in development*

¹² This learning activity must be completed as the pre-requisite: *NSW Paediatric Clinical Practice Guidelines* e-learning