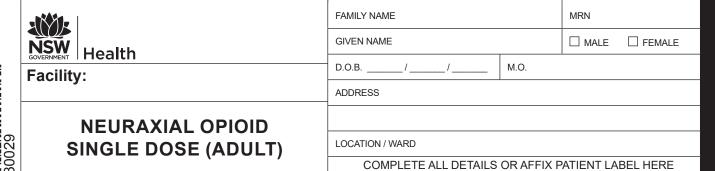
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Neuraxial Opioid Management Guidelines

(For detailed information regarding management of patients receiving an intrathecal / epidural opioid, refer to local hospital policy)

Delayed sedation and respiratory depression is possible with neuraxial opioids.

Observations on this form to be recorded either:
 hourly for 6 hours OR hourly for 12 hours
 Then second hourly until 24 hours post administration. Observations to occur more frequently if the patient's clinical condition warrants.

Hourly motor blockade assessment until return of motor function. If motor function not returned within 6 hours contact Acute Pain Service or equivalent medical officer.

- No other opioids or sedatives to be administered unless ordered by the Acute Pain Service or equivalent medical officer.
- Intravenous access should be maintained for a minimum of 24 hours post epidural / intrathecal opioid dose.Some patient groups may be an exception from this requirement. Refer to local hospital policy.

Managing Neuraxial Opioid Adverse Effects

- Pruritus is more common when opioids are administered neuraxially. A medical officer may consider prescribing <u>low dose</u> IV naloxone on the patient's National Inpatient Medication Chart.
- Antihistamines used for pruritus are generally ineffective and may contribute to sedation.
- **Urinary retention:** Contact the patient's surgical / medical team.
- Persistent nausea or vomiting: Administer PRN medication as ordered on the patient's National Inpatient Medication Chart. If adverse effect continues contact the Acute Pain Service or equivalent medical officer.

REFER TO YOUR LOCAL CLINICAL EMERGENCY RESPONSE SYSTEM (CERS) PROTOCOL FOR INSTRUCTIONS ON HOW TO MAKE A CALL TO ESCALATE CARE FOR YOUR PATIENT

APPROPRIATE CLINICAL CARE FOR PATIENTS WITH YELLOW ZONE OR RED ZONE OBSERVATIONS:

- 1. ENSURE OXYGEN THERAPY IS IN PROGRESS
- 2. ENSURE THAT THE ACUTE PAIN SERVICE OR EQUIVALENT MEDICAL OFFICER IS CONTACTED

YELLOW ZONE RESPONSE

IF YOUR PATIENT HAS ANY YELLOW ZONE OBSERVATIONS YOU <u>MUST</u> FOLLOW THE YELLOW ZONE RESPONSE INSTRUCTIONS ON THE NSW STANDARD OBSERVATION CHARTS AND INITIATE APPROPRIATE CLINICAL CARE AS STATED ABOVE

RED ZONE RESPONSE

IF YOUR PATIENT HAS ANY RED ZONE OBSERVATIONS YOU <u>MUST</u> CALL FOR A RAPID RESPONSE (as per local CERS), FOLLOW THE RED ZONE RESPONE INSTRUCTIONS ON THE NSW STANDARD OBSERVATION CHARTS AND INITIATE APPROPRIATE CLINICAL CARE AS STATED ABOVE

ACUTE PAIN SERVICE or equivalent medical officer CONTACT:

BUSINESS HOURS page/phone:

OUT OF HOURS page/phone:

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