

Spinal Seating Professional Development Project

Assessment form part 2 (Basic MAT)

POSTURE IN CURRENT SEATING SYSTEM					
ASSESSMENT FOR:			DATE:	Problems /Comments	
Pelvis	Tilt (Side view)	Obliquity (Frontal View)	Rotation (Top view)		
Trunk	Anterior / posterior	Scoliosis (Frontal View)	Rotation (Top view)		
Hips	Thigh to Trunk angle: Left : Right: Degrees Degrees	Position (Frontal View)	Windswept (Frontal View)	Left: <u>Angles</u> Thigh – trunk: Thigh to lower leg: Lower leg to foot : Right: Thigh – trunk:	
Knees and Feet	Thigh to lower leg angle : Left Right	Lower leg to foot angle: Left Right Degrees Degrees Plantar-flex Plantar-flex. Dorsi-flex Dorsi-flex	Foot position: Left Right Ineutral Invertral Inversion Inversion Eversion Eversion	Thigh to lower leg:	
Head and neck	Cervical curve (side view) Cervical curve (side view) Cervical performance of the second seco	Neck position (Frontal View) Midline Lat flexion: L / R Rotation: L / R	Control Control and full ROM restricted head control restricted ROM: absent head control		
Upper Limbs	Shoulder positioning	<i>Elbow and forearm position</i> arm support no support :	Wrist and handgrip		

Summary / comments:



SUPINE MAT ASSESSMENT						
ASSESSMENT FOR:			DATE:	Problems /Comments		
Pelvis	Tilt	Obliquity Oblight Oblight Instrument of the oblight Instrument of the oblight Instrument of the oblight Oblight Instrument of the oblight Insth	Rotation	Comments		
Trunk	Anterior / posterior	Scoliosis	Rotation			
Lower extre- mities	Angles <i>Trunk to thigh angle:</i> Flex hip to 90° or a lesser angle till ASIS rolls / pelvic tilts <i>Thigh to lower leg angle:</i> with hip flex ⁿ at 90° or the trunk to thigh angle, extend knee from flexion till pelvis tilt / ASIS rolls. <i>Lower leg to foot angle:</i> <i>Hip Abdution / Adduction:</i>	Range of motions or LEFT Right Normal ROM Simulate to 90° 30 to 180 30 - 135 30 - 135 Hip external / internal rotation:	report observations: Fixed / Flexible /Corrects with effort, Tone /Spasm that may impact on seating posture: Foot inversion/ eversion:	Left: Lower leg to foot: Thigh to lower leg: Thigh - trunk: Right: Lower leg to foot: Thigh to lower leg: Thigh to lower leg: Thigh to lower leg: Thigh - trunk:		
Head and neck	Cervical curve: Resting posture: Neutral Cervical Flexion cervical hyperextension	Lateral flexion: Resting posture: Neutral left right fixed flexible corrects with effort	Rotation: Resting posture: Neutral left Ifixed flexible corrects with effort			
Upper extremi ties	Shoulder PROM	Elbow and forearm PROM	<i>Wrist and hand</i> Description:			

Summary / comments:



SITTING MAT ASSESSMENT					
ASSESSMENT FOR:			DATE:	SIMULATION & OUTCOME: (Describe direction and	
Balance: Hands- free sitter		Hands dependant sitter / *Propped sitter* (* for advance skill clinician /.specialist only)		location of forces applied)	
Pelvis	Tilt (Side view) Image: Constraint of the second	Obliquity (Frontal View)	Rotation (Top view)	Accommodations / corrections: Outcomes:	
Trunk	Anterior / posterior	Scoliosis (Frontal View)	Rotation (Top view) Image: Constraint of the second seco	Accommodations / corrections: Outcomes:	
Lower extreme ties	Initial sitting angles Thigh – trunk: Thigh to lower leg:	Position (Frontal View) Image: Colspan="2">Image: Colspan="2" Image:	Windswept (Frontal View)	Stimulated sitting angles: Thigh – trunk: Thigh to lower leg: Outcomes:	
Head and neck	<i>Cervical curve (side view)</i>	Neck position (Frontal View)	Control	Accommodations / corrections: Outcomes:	
Upper Extremi ties	Shoulder positioning Level asymmetry Describe:	Elbow and forearm position Describe:	Hand and wrist positioning Describe:	Accommodations / corrections: Outcomes:	

Summary / comments:

Photo taken
t obtained